

# THE InSPEKTOR'S Report

GENERAL • COSMETIC • PERIODONTAL DENTISTRY



DEAR FRIENDS,

We are truly thankful for the relationships we've built practicing quality dentistry in the Bellevue community. It is a blessing to care for smiles of all ages. We're grateful to Dr. David Baird and his patients for joining our dental family this year. We appreciate our highly skilled and dedicated team. And we are proud and thankful to care for four generations at Spektor Dental.

We wish you and your loved ones the warmest of holidays and a season of peace and health!

A handwritten signature in cursive that reads "Dr. Wendy".

Wendy Spektor, DDS  
and the entire Spektor Dental Team

## MEET JAN!

Jan has been a patient and raving fan of Spektor Dental for 20 years.

*"A bright, beautiful and healthy smile has always been important to me," Jan says. When it was time to refresh her smile, Dr. Wendy designed a bridge, and replaced older crowns and veneers. Jan says, "It enhanced my appearance and my confidence!"*

## MISSING THE 'MERRY & BRIGHT' IN YOUR SMILE?

It's not too late to get your smile sparkling for the holidays. We offer dazzling whitening with KÖR in-office—it even tackles tetracycline stains. There are many more options to choose from, both in-office and at-home. Ask us which option is right for you. And if you haven't experienced bleaching in a while, you'll be pleased to know that today's whitening solutions are more effective yet gentle, with less tooth sensitivity.

Browse the Spektor Smile Store for professional products we recommend with confidence. They make great holiday gifts, too!



## VOTE NOW for 2018 425 BEST DENTIST

Voting is on now for 425 Magazine's 'Best of 425.'

Please help Dr. Wendy and Spektor Dental retain their seven-year title at:

<http://vote.425magazine.com/best-health-wellness/>

Voting ends on January 5.



### Best Dentist

Dr. Wendy Spektor, Spektor Dental

Vote!

Remember, you must register for your vote to count.

Thank you for your support!

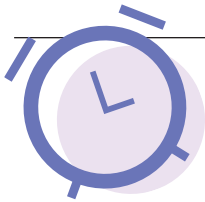
## MEET NICO!

Three years ago, Nico Lang broke both of his front teeth while eating barbecue ribs. "I *really* like ribs!" he confesses. This real estate professional specializing in new construction needed help, now. When he called his dentist, he was told they could see him in three to four weeks—not an acceptable answer for someone with a public-facing profession.

*"I called around, and when I reached Dr. Wendy, she expressed concern and got me in right away. I've never gone back to my former dentist. Dr. Wendy and her staff genuinely make me feel cared about."*



Nico further tuned up his smile with in-office KöR whitening. It's a smile he can be proud to see on every 'SOLD' sign!



## DON'T LET THE CLOCK RUN OUT:

*Time to schedule year-end appointments*

Don't leave your hard-earned benefits on the table.

Schedule end-of-year cleanings and procedures now. Appointments fill quickly. Call **425-454-1322**.

## Cosmeceuticals **UPDATE**

### Another year, but why show it?

Dr. Wendy provides Botox and Juvéderm therapies for subtle facial enhancement. Botox and dermal fillers such as Juvéderm can help relax the facial muscles around the mouth to help reduce the effects of clenching, and can help lessen lines around the mouth, as well as forehead and other areas. Start your New Year looking refreshed and rejuvenated! Call **425-454-1322** for a consultation or to schedule.

## New Year's Resolution: **SMILE MORE!**

It's good for your personal happiness meter. And it spreads happiness to others. The November issue of *National Geographic* gave us a glimpse into Dan Buettner's new book, *The Blue Zones of Happiness*. In the article, Buettner introduces us to Dan Witters' Gallup-National Geographic Index that assesses 18 of the most important indicators of well-being. Along with feelings of safety and security, whether people use their strengths and accomplish their goals... were dental visits, which are (surprise!) strongly associated with happiness. Just one more reason not to skip your checkups!

Catch Dr. Wendy's video on Facebook or [SpektorDental.com](http://SpektorDental.com):  
**You're Never Too Old for a Healthy Smile!**

*Wishing all of our patients and friends a positive year ahead. May we all find ways and reasons to SMILE MORE!*



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1545 116th Ave. NE, Suite 100 • Bellevue, WA 98004  
INFO@SPEKTORDENTAL.COM

425-454-1322  
SPEKTORDENTAL.COM

**Office Hours:** Monday – Friday, 8 am – 5 pm  
Lunch hour appointments available!

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